

## COURSE OUTLINE: SSW125 - INTRO TO SSW THEORY

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Approved: Karen Hudson, Dean, Community Services and Interdisciplinary Studies

Course Code: Title	SSW125: INTRODUCTION TO SSW THEORY AND PRACTICE			
Program Number: Name	1203: SOCIAL SERV WORKER			
Department:	SOCIAL SERVICE WORKER			
Academic Year:	2024-2025			
Course Description:	This course introduces students to foundational social work knowledge and theories that guide the SSW profession. Students are introduced to the history, values, roles, SSW scope of practice, fields of practice and theories that inform social service work. Attention is given to ecological, anti-oppressive, indigenous and empowerment perspectives that guide our understanding with individuals, families, groups, and communities.			
Total Credits:	3			
Hours/Week:	3			
Total Hours:	42			
Prerequisites:	There are no pre-requisites for this course.			
Corequisites:	There are no co-requisites for this course.			
Substitutes:	NSW101			
This course is a pre-requisite for:	SSW207, SSW306			
Vocational Learning Outcomes (VLO's) addressed in this course:  Please refer to program web page for a complete listing of program outcomes where applicable.	1203 - SOCIAL SERV WORKER			
	VLO 1 Develop respectful and collaborative professional and interpersonal relationships that adhere to professional, legal, and ethical standards aligned to social service work.			
	VLO 2 Record information accurately and communicate effectively in written, digital, verbal and non-verbal ways, in adherence to privacy and freedom of information legislation, in accordance with professional and workplace standards.			
	VLO 3 Integrate a practice framework within a service delivery continuum, addressing the needs of individuals, families and communities at micro, mezzo, macro and global levels, and work with them in achieving their goals.			
	VLO 5 Examine current social policy, relevant legislation, and political, social, historical, and/or economic systems and their impacts for individuals and communities when delivering services to the user/client.			
	VLO 6 Develop strategies and approaches that support individual clients, groups, families and communities in building the capacity for self-advocacy, while affirming their dignity and self-worth.			
	VLO 7 Work from an anti-oppressive, strengths-based practice, recognizing the capacity for resilience and growth of individuals and communities when responding to the diverse needs of marginalized or vulnerable populations to act as allies and advocates.			

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SSW125: INTRODUCTION TO SSW THEORY AND PRACTICE

Course Outcome 2	Learning Objectives for Course Outcome 2
2. Develop professional skills required for beginning level SSW practice.	2.1 Accept and use feedback related to strengths and limitation showing personal and professional responsibility for one's learning and development. 2.2 Use effective writing skills to produce written work that is clear, concise, organized and edited. 2.3 Identify and apply organizational and time management strategies (i.e., use of an appointment/agenda book/electronic calendar to track academic commitments, ability to meet deadlines, etc.) 2.4 Employ technology as required by the program and profession (i.e., computer, word-processing, internet, college learning management system (D2L), email, photocopy machine, etc.) 2.5 Participate and apply SSW academic, professional, interpersonal and theoretical skills in class 2.6 Show ability to listen and respect diverse thoughts, values and opinions of others. 2.7 Adhere to established class guidelines and contribute to effective team work in class
Course Outcome 3	Learning Objectives for Course Outcome 3
3. Demonstrate beginning ability to explain, identify and apply key social work theoretical models and practice approaches with individuals, families, groups and communities.	3.1 Examine and explain the role of theory in social service work practice 3.2 Describe the process of selecting particular theoretical perspectives 3.3 Define what is meant by evidence based practice models 3.4 Explain the strengths and limitations of theoretical models studied 3.5 Practice theory application to social service work practice through case studies/course activities. 3.6 Define and describe principles of Indigenous worldview in social service work practice. 3.7 Affirm the unique stories of people and situations to direct choice of theory in a culturally safe manner
Course Outcome 4	Learning Objectives for Course Outcome 4
4. Demonstrate beginning understanding of anti-oppressive social work theory.	4.1 Define and describe the core principles of Anti-oppressive social work approach 4.2 Define and describe oppression at the personal, cultural and structural inter-related levels. 4.3 Explain the interlocking nature of oppression and the concept of intersectionality. 4.4 Apply through case studies anti-oppressive/anti-racist

		practice on micro, mezzo and macro levels		
		of social service work practice 4.5 Describe the relationship between justice and anti-oppressive and anti- racist theory	en human rights, social -	
	Course Outcome 5	Learning Objectives for Course Outcome 5		
	5. Demonstrate beginning understanding of empowerment based theories and approaches.	<ul> <li>5.1 Identify and define empowerment based theories, perspectives and approaches</li> <li>5.2 Define and describe the core principles of resiliency and strengths based approach</li> <li>5.3 Describe how strengths based approach supports self determination and well-being of clients</li> <li>5.4 Describe and identify SSW strategies and skills that empower individuals and families</li> <li>5.5 Differentiate deficit-based and strengths-based approach</li> </ul>		
	Course Outcome 6	Learning Objectives for Course Outcome 6		
	6. Demonstrate beginning understanding of ecological/systems perspective as core to generalist social service practice.	6.1 Define and describe core features of ecological perspective 6.2 Define and describe systems theory 6.3 Recognize that a holistic and person in environment distinguishes our profession from other helping disciplines 6.4 Explain the multiple roles of a SSW on micro, mezzo and macro levels 6.5 Apply through case studies an ecological perspective		
Evaluation Process and Grading System:	Evaluation Type		Evaluation Weight	
	Application of Theory to Case Study(ies)		30%	
	SSW Skill Acquisition, Professional Development and Participation		10%	
	Tests/Knowledge Checks		40%	
	Theory Assignment		20%	
Date:	June 25, 2024			

Addendum:

Please refer to the course outline addendum on the Learning Management System for further

information.